



Press Release

From: Shopmobility Basingstoke

Date: 5th May 2010

Event: Charity Firewalk

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Basingstoke's First Ever Firewalk

Instead of walking 26 or 11 miles for charity why not take part in what is possibly, one of the shortest, and certainly the hottest sponsored walks around, and walk just **5 metres over hot coals!**

Shopmobility Basingstoke has teamed up with Hampshire and Isle of Wight Air Ambulance to hold Basingstoke's **first ever official Firewalk** to raise funds to support two Hampshire charities.

The search is now on for 30 daring volunteers to take part in a walk of a life time. Participants of other firewalks claim that walking on fire has increased their confidence and self esteem. After all, if you can walk on fire what else can you do?

After 2 hours of motivational training (with no elements of hypnosis) from the UK's leading firewalk experts 'Blaze', volunteers will walk across 5 meters of hot coals. Trainers will be with walkers from start to finish making sure that the experience is fun, safe and enjoyable as well as daring, exciting and memorable.

Not for the feint hearted agreed, but what a fantastic challenge and no crazier than jumping from a 200 foot high crane attached to a piece of elastic or jumping out of a perfectly serviceable aeroplane with only a flimsy parachute to save you!

The Firewalk is being held on Friday 8th October by kind permission of Basingstoke Rugby Club.

For more information or to register please contact Anne Blackmore at Shopmobility on 01256 350142 email anne@shopmobilitybasingstoke.org or June Leatheam at Hampshire and Isle of Wight Air Ambulance on 07966017236 email june@hiow-airambulance.org.uk.

Please note that entries must be made in advance and no entries will be taken on the night.

Go on, take part in the most memorable, enjoyable and fun event ever and raise vital money for two very worthy causes at the same time!